

GARNETT PLACE
RETIREMENT
COMMUNITY
202 35TH ST DR SE
CEDAR RAPIDS
IA 52403

The Garnett Gazette

Volume 2, Issue 6

June, 2011

New Communication

For quite some time we have discussed finding a better way to communicate with you, family and friends.

In the past we tried to include information for both residents and family/friends. But we have not been satisfied with a "one size fits all."

So this month we are introducing the first edition of "Garnett Connections". This way we can specifically focus on what family and friends need to know.

For those family and friends who still want to

see the Garnett Gazette it is always online the first day of the month at www.garnettplace.net

For those family and friends who have no internet access, we can mail a copy to them.

The instructions for them will be in the first edition of Garnett Connections.

We hope they enjoy the new publication and welcome ideas on what they want to see in future issues.

Simply put..we want to communicate better.



Inside this issue:

J.P.'s Morsels 2

Cookbook Project 2

Birthdays 2

Special Activities 3

New Van & Bus 3

Calendar and Menus Insert —

Announcements 4

Memorial Service on June 23

In cooperation with Hospice Compassus, we are having a memorial service for residents who have passed away since January 1, 2010.

All family members and friends are invited to

this meaningful service as we pay our respects to our loved ones.

A chaplain from Hospice Compassus will lead the service.

A special mailing will be sent out soon.



J.P.'s Morsels



June is a great month for a few simple reasons;

- Summer officially begins
- Father's Day
- Graduations
- Picnics
- Swimming
- Camping

this time of year.

Harriet and her Farmer's Market are starting to deliver the best fresh product right to our front door.

Also, I want to wish a very happy Fathers' Day to all the men here at Garnett place. Join us on June 17 for a Men's Coffee for you.

- Hiking
 - Great weather
 - Fresh food
- Well, maybe not a few reasons, but all are good.

This time of year the fresh air makes all our food taste better. I love cooking with the produce that is available

We will be preparing our cookbook throughout the summer. It will be a wonderful holiday gift.

Cookbook Project

Recipes are starting to come in from residents and some family members.

By the time this goes to press we will have held our first meeting.

Our goal is to work this summer compiling recipes, proofreading

and categorizing them.

We have an inexpensive computer software program to help make the final product a beautiful success.

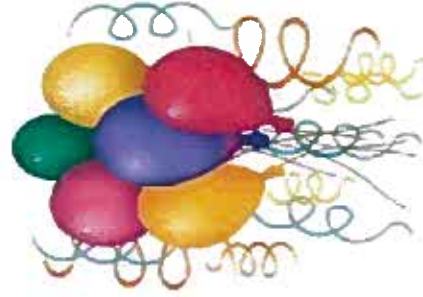
Plans are to begin printing in the fall in time for Thanksgiving and Christmas gifts.



June Birthdays

June Birthday Babies are rare at Garnett Place. We have only four:

- Francine Phillips
June 6
- Ray Davis
June 11



- Jeanne Newport

June 23

- Helen Vix

June 27

This month's Birthday Celebration will be Friday, June 10, from 2-3 pm.

Each table will create

an art project out of simple materials.

Come and support each other as we create original art in the spirit of celebrations.

Geminis are known for their warm personalities.

Special Activities for June

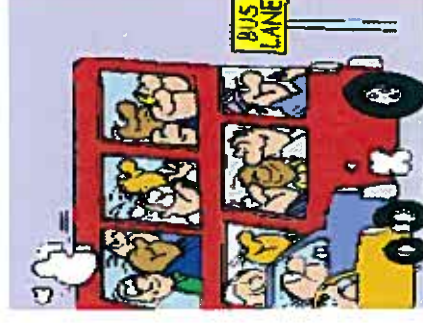
June 1	Front Porch Stories	June 15	DRESS LIKE DAD DAY Olympic Games
June 3	Activity Auction	June 16	Keeping Balance
June 5	wii Wheel of Fortune Hymn Sing	June 17	Community Garage Sale 9-2 Fathers' Day Coffee Walgreen's
June 6	UGLY SHIRT DAY—Wear yours! Sno cones Ladderball	June 19	wii Wheel of Fortune
June 8	Men's Luncheon The Year 1947	June 20	Harold Gray
June 9	Puppy Love	June 22	COLOR CLASH DAY Craft w/ Summer
June 10	June Birthday Party	June 23	Memorial Service
June 12	wii Wheel of Fortune	June 26	wii Wheel of Fortune
June 13	The Comforters Farkle	June 27	HAT DAY Czech Accordion Trio
June 14	Riverside Casino Flag Day Gathering Bible Study w/ Pat	June 29	Lunch @ Red Robin The ODeens

New Van and Bus Come to Garnett Place

The Transportation Fairy is visiting Garnett Place. We must have been very, very good this year. We are getting not one...but TWO new vehicles! The first, a beautiful Montana van, is already

being enjoyed by Summer and her gang. Trips are going well. The second...a little drum roll, please... Ta Da! Ta Da! Ta Da! We will soon be the proud owners of a 12-passenger bus complete with wheelchair lift.

We are so excited to have the opportunity to take more people more places! The large van is having the lettering put on. It will be arriving around the middle of June. Hip-Hip-Hurray!



June, 2011, Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ACTIVITY COLORS Green Garnett Place Red Entertainment Purple Spiritual BOLD BLACK Outings	Blue Monthly Specials Regular Black Ongoing Pink Movies/TV Orange Dress Up Days	1 7:15 BP Clinic 3rd 10 Exercise 1 St. Matthew's 10 Hand Bells L 1:15 Manicures L 2 Movie 2 Bingo on 3rd 6:45 Bingo on 3rd	2 7:15 BP Clinic 1st 8:45 Morning Prayer L 10 HyVee (wc & w) 12:30 Hand Pool LL 2 Activity Auction L 5 Card Club	3 9 HyVee 10 HyVee (wc & w) 12:30 Hand Pool LL 2 Activity Auction L 5 Card Club	4 MOD 10 Exercise 1:15 Card Bingo L 2 Yachtzee L 5 Uno
5 MOD 9:15 St. Matthew's 10 Wheel of Fortune 1:15 Bingo on 3rd 2 Hymn Sing L 6:30 Lucky Dice L	6 UGLY SHIRT DAY 7 FOOD MEETING L 10 Garnett Singers 2:30 Wii Bowling L 6:45 Bingo on 1st	8 7:15 BP Clinic 3rd 10 Exercise L 11:30 Men's Luncheon L 12:15 Hand Pool L 3 The Year 1947 L 5 Dominoes L	9 7:15 BP Clinic 1st 8:45 Morning Prayer L 10 Hand Bells L 1:15 Manicures L 2 Puppy Love L 6:45 Bingo on 3rd	10 9 HyVee 10 HyVee (wc & w) 2 June Birthday Party 5 Card Club L	11 MOD 10 Exercise 1:15 Card Bingo L 2 Yachtzee L 5 Dominoes	18 MOD 9 Exercise 1:15 Card Bingo L 2 Yachtzee L 5 Uno L
12 MOD 9:15 St. Matthew's 10 Exercise L 2 The Comforters L 3:15 Farkle L 6:30 Antiques Roadshow 8:15 Morning Trivia	13 8:15 Morning Trivia 10 Exercise L 2 The Comforters L 2 Bible Study L 10 Flag Day Gathering 14 9 RIVERSIDE CASINO	15 DRESS LIKE DAD DAY 7:15 BP Clinic 3rd 10 Exercise L 1 St. Matthew's 2 Olympic Games 5 Dominoes L	16 7:15 BP Clinic 1st 8:45 Morning Prayer L 10 Hand Bells L 1:15 Manicures 2 Keeping Balance L 6:45 Bingo on 3rd	17 GARAGE SALE 9-2 9 HyVee 10 HyVee (wc & w) 10 Fathers' Day Coffee 2 Walgreen's 5 Card Club L	18 MOD 10 Exercise 1:15 Card Bingo L 2 Yachtzee L 5 Uno L	25 MOD 10 Exercise 1:16 Card Bingo L 2 Yachtzee L 5 Dominoes L
19 MOD 9:15 St. Matthew's 10 Wheel of Fortune 1:15 Bingo on 3rd 2 Harold Gray L 6:30 Antiques Roadshow 8:15 Morning Trivia	20 8:15 Morning Trivia 10 Exercise L 2 Harold Gray L 2 ACTIVITY MEETING 2:30 Wii Bowling L 6:45 Bingo on 1st L	22 COLOR CLASH DAY 7:15 BP Clinic 3rd 10 Exercise L 2 Craft w/ Summer 5 Dominoes	23 7:15 BP Clinic 1st 8:45 Morning Prayer 10 Hand Bells L 1:15 Manicures L 2 Memorial Service 6:45 Bingo on 3rd	24 9 HyVee 10 HyVee (wc & w) 2 Wal Mart 5 Card Club	25 MOD 10 Exercise 1:16 Card Bingo L 2 Yachtzee L 5 Dominoes L	26 MOD 9:15 St. Matthew's 10 Wheel of Fortune 1:15 Bingo on 1st 3:15 New Covenant L 6:30 Lucky Dice L
27 HAT DAY (any kind) 8:15 Morning Trivia L 10 Exercise L 2 Czech Accordions L 6:30 Antiques Roadshow	28 10 Garnett Singers 1:30 RESIDENT COUNCIL 2:30 Wii Bowling 6:45 Bingo on 1st L	29 7:15 BP Clinic 3rd 10 Exercise L 12 Lunch @ Red Robin 1:30 Youtube Videos L 2 RESIDENT MEETING 5 Dominoes 6:30 The O'Neans	30 7:15 BP Clinic 1st 8:45 Morning Prayer 10 Cookbook Meeting 1:15 Manicures L 2 Hand Bells L 6:45 Bingo on 3rd	Harvest's Farmer's Market is here every Thursday @ 9. Fresh vegetables are com- ing in. Stop by and thank her for all she does for us.	To schedule ALL Transport- ation call 540-3630. This includes all appointments and activities.	6:30 Lucky Dice L 8:15 Morning Trivia L 1:30 Resident Council 2:30 Wii Bowling 6:45 Bingo on 1st L

The following chart explains clearly when our Transportation Services are available. It also explains your responsibility to comply with reservation policies and your responsibility to assist in coordinating schedules for the most efficient use of your time as well as staff time. Thank you for your cooperation!

Notes:	The shuttle will operate:	You need to leave a message with:	You need to call 540-3630 no later than:	If you want transportation to:
Doctor appointments are only accommodated on Mondays & Thursdays	Between 8:00 a.m. and 4:00 p.m.	Your name, the time of your appointment, and the destination street address	12:00 noon on the Friday before your Monday appointment	A doctor appointment on a Monday
Outing may be cancelled if reservations are insufficient	As announced in the Activity Calendar or the Daily Calendar	Your name and the name of the outing	12:00 noon on the Monday before the Tuesday outing	A community outing on a Tuesday
Outing may be cancelled if reservations are insufficient	As announced in the Activity Calendar or the Daily Calendar	Your name and the name of the outing	12:00 noon the Tuesday before the Wednesday outing	A community outing on a Wednesday
Doctor appointments are only accommodated on Mondays & Thursdays	Between 8:00 a.m. and 4:00 p.m.	Your name, the time of your appointment, and the destination street address	12:00 noon the Wednesday before the Thursday outing	A doctor appointment on a Thursday
Hy-Vee trip may be cancelled if reservations are insufficient	Between 8:00 a.m. and 12:00 noon	Your name and destination Hy-Vee	12:00 noon the Thursday before the Friday Hy-Vee trip	Hy-Vee on a Friday morning
Outing may be cancelled if reservations are insufficient	Between 12:00 noon and 4:00 p.m.	Your name and the name of the outing	12:00 noon the Thursday before the Friday afternoon outing	A community outing on a Friday afternoon
		No advance reservations are required	Typically, these are arranged well in advance	Dialysis or other "Standing" appointments on Mondays, Wednesdays or Fridays

Please note that Summer Stanley, the driver, is not here on Tuesdays. With more than 70 residents to shuttle it is vital that all residents follow the policies outlined above, or make their own arrangements with family or taxi services. Thank you. Revised October 1, 2010.

Lunch Menu for June 1 - 18

Sunday							
Monday							
Tuesday							
Wednesday	1-Jun	Salmon Loaf, Swiss Steak, Tossed Salad, Creamed Peas & Potatoes, Sue's Apple Cake					
Thursday	2-Jun	Roast Beef, Meatballs with Marrnara, Peas & Onions, Mashed Potatoes, Chess Pie					
Friday	3-Jun	"Grilling Day"					
Saturday	4-Jun	Oven Roasted Chicken, Beer Battered Fish, Cole Slaw, Baked Beans, Boston Cream Pie					
	11-Jun	Hamloaf, Gumbo Pork Chop, Stewed Tomatoes, Butter Beans, Resident Dessert					
	10-Jun	"Grilling Day"					
	9-Jun	Meatloaf, Chicken Stir Fry, 7 Layer Salad, Scalloped Potatoes, Jell-o Cake					
	8-Jun	Roast Turkey, Baked Cod, Cauliflower Salad, Corn Casserole, Banana Split Dessert					
	7-Jun	Shrimp, Baked Ham, Cozumel Blend Veggies, Fried Rice, Ice Cream Cake					
	6-Jun	Beef Stroganoff, Steak Diane, Green Beans, Baked Potato, Resident Dessert					
	5-Jun	Pork Loin, Asparagus, Mashed Sweet Potatoes, Breadsticks, Dutch Apple Pie					
	12-Jun	Rice Krispie Chicken, Baby Carrots, Baked Beans, Cornbread, Pecan Pie					
	13-Jun	Hot Beef Sandwich, Pepper Steak, Harvard Beets, Mashed Potatoes, Cherry Chesecake					
	14-Jun	BBQ Pork Shank, German Meatballs, Tossed Salad, German Potato Salad, German Chocolate Upside Down Cake					
	15-Jun	Chicken Fried Steak, Polish Sausage, Sauerkraut Salad, Potato Pancakes, Jimmy Carter Dessert					
	16-Jun	Baked Fish Filet, Chicken Pot Pie, Mixed Veggies, Baked Beans, Peach Pie					
	17-Jun	"Grilling Day"					
	18-Jun	Chicken Cordon Bleu, Lasagna, Broccoli, Oven Roasted Potatoes, Black Forrest Cake					

Sandwich of Choice offered as alternative: Please see table tents for options

***Menu's subject to change.

Supper Menu for June 1 - 18

Sunday						
Monday						
Tuesday						
Wednesday	1-Jun	Roast Beef, Meatballs with Marinara, Peas & Onions, Mashed Potatoes, Chesse Pie	8-Jun	Roast Turkey, Baked Cod, Stir Fry, 7 Layer Salad, Scalloped Potatoes, Jell-o Cake	15-Jun	Chicken Fried Steak, Polish Sausage, Sauerkraut Salad, Potato Pancakes, Jimmy Carter Dessert
Thursday	2-Jun		9-Jun	Meatloaf, Chicken Potatoes, Jell-o Cake	16-Jun	Baked Fish Filet, Chicken Pot Pie, Mixed Veggies, Baked Beans, Peach Pie
Friday	3-Jun	"Grilling Day"	10-Jun	"Grilling Day"	17-Jun	"Grilling Day"
Saturday	4-Jun	Oven Roasted Chicken, Beer Battered Fish, Cole Slaw, Baked Beans, Boston Cream Pie	11-Jun	Hamloaf, Gumbo Pork Chop, Stewed Tomatoes, Butter Beans, Resident Dessert	18-Jun	Chicken Cordon Bleu, Lasagna, Broccoli, Oven Roasted Potatoes, Black Forrest Cake
	5-Jun		6-Jun	Beef Stroganoff, Steak Diane, Green Beans, Baked Potato, Resident Dessert	13-Jun	Hot Beef Sandwich, Pepper Steak, Harvard Beets, Mashed Potatoes, Cherry Cheesecake
	12-Jun		7-Jun	Shrimp, Baked Ham, Cozumel Blend Veggies, Fried Rice, Ice Cream Cake	14-Jun	BBQ Pork Shank, German Meatballs, Tossed Salad, German Potato Salad, German Down Cake
	11-Jun		8-Jun	Roast Turkey, Baked Cod, Stir Fry, 7 Layer Salad, Scalloped Potatoes, Jell-o Cake	15-Jun	Chicken Fried Steak, Polish Sausage, Sauerkraut Salad, Potato Pancakes, Jimmy Carter Dessert
	10-Jun		9-Jun	Meatloaf, Chicken Potatoes, Jell-o Cake	16-Jun	Baked Fish Filet, Chicken Pot Pie, Mixed Veggies, Baked Beans, Peach Pie
	9-Jun		10-Jun	"Grilling Day"	17-Jun	"Grilling Day"
	8-Jun		11-Jun	Hamloaf, Gumbo Pork Chop, Stewed Tomatoes, Butter Beans, Resident Dessert	18-Jun	Chicken Cordon Bleu, Lasagna, Broccoli, Oven Roasted Potatoes, Black Forrest Cake

Sandwich of Choice offered as alternative: Please see table tents for options

Soups offered as alternative.

*****Menu's subject to change.**

Lunch Menu for June 19 - 30

Sunday	19-Jun	Happy Fathers Day Roast Beef, Green Bean Casserole, Mashed Potatoes, Dinner Roll, Cherry Pie	26-Jun	Roast Turkey, Stewed Tomatoes, Mashed Potatoes, Breadsticks, Sugar Free Chocolate Cream Pie		
Monday	20-Jun	Smothered Pork Chop, Stuffed Peppers, 7 Layer Salad, Cheesy Potatoes, Strawberry Shortcake	27-Jun	Fried Chicken, Meatloaf, Dilled Carrots, Au Gratin Potatoes, Resident Dessert		
Tuesday	21-Jun	Corned Beef, Manicotti, Cabbage, O'brien Potatoes, Sugar Free Banana Cream Pie	28-Jun	Chicken Fried Steak, Swedish Meatballs, Tossed Salad, Creamed Corn, Angel Food Cake		
Wednesday	22-Jun	Liver & Onions, Smotherd Chicken, Mushrooms, Corn Casserole, Strawberry Cream Pie	29-Jun	Baked Ham, Tater Tot Casserole, Pickled Beets, Sweet Potatoes, Red Velvet Cake		
Thursday	23-Jun	BBQ Ribs, Salisbury Steak, Cole Slaw, Baked Potato, Resident Dessert	30-Jun	Shrimp, Veal Parmesan, Asparagus, Fried Rice, Banana Nut Cake		
Friday	24-Jun	"Grilling Day"				
Saturday	25-Jun	Pork Loin, Smoked Sausage, Red Cabbage, Stuffing, Bread Pudding				

Sandwich of Choice offered as alternative: Please see table tents for options

***Menu's subject to change.

Supper Menu for June 19 - 30

Sunday	19-Jun	Happy Fathers Day Roast Beef, Green Bean Casserole, Mashed Potatoes, Dinner Roll, Cherry Pie	26-Jun	Roast Turkey, Stewed Tomatoes, Mashed Potatoes, Breadsticks, Sugar Free Chocolate Cream Pie		
Monday	20-Jun	Smothered Pork Chop, Stuffed Peppers, 7 Layer Salad, Cheesy Potatoes, Strawberry Shortcake	27-Jun	Fried Chicken, Meatloaf, Dilled Carrots, Au Gratin Potatoes, Resident Dessert		
Tuesday	21-Jun	Corned Beef, Manicotti, Cabbage, O'brien Potatoes, Sugar Free Banana Cream Pie	28-Jun	Chicken Fried Steak, Swedish Meatballs, Tossed Salad, Creamed Corn, Angel Food Cake		
Wednesday	22-Jun	Liver & Onions, Smotherd Chicken, Mushrooms, Corn Casserole, Strawberry Cream Pie	29-Jun	Baked Ham, Tater Tot Casserole, Pickled Beets, Sweet Potatoes, Red Velvet Cake		
Thursday	23-Jun	BBQ Ribs, Salisbury Steak, Cole Slaw, Baked Potato, Resident Dessert	30-Jun	Shrimp, Veal Parmesan, Asparagus, Fried Rice, Banana Nut Cake		
Friday	24-Jun	"Grilling Day"				
Saturday	25-Jun	Pork Loin, Smoked Sausage, Red Cabbage, Stuffing, Bread Pudding				

Sandwich of Choice offered as alternative: Please see table tents for options
Soups offered as alternative.

***Menu's subject to change.

Monday, July 4 from 11 am to 1 pm will be our Annual Family Picnic. Chef J.P. and Company are preparing another gargantuan feast for all of us. Our fantastic Garbage Can Root Beer is also on the menu. Residents can invite up to six family members of friends to attend the picnic. In June we will begin taking reservations. Watch for details!

Our entertainment this year will be our very own Garnett Singers and Garnett Ringers. They will be performing at scheduled times in the Lobby. Busy, busy, busy getting prepared for this mid-summer gig.

COMMUNITY GARAGE SALE

Friday, June 17 from 9 am—2 pm

Garnett Place is accepting donations for the annual sale which benefits the Activity Program. Cathy will be providing information on the specifics of donating. Look for a flyer on your door soon.

Residents can have their own tables and must be there during the entire sale. We do not want to be responsible for anyone's items or cash.

Plan to attend and check out the bargains!

“CAMERA” DAY

Each day a resident will have the camera for a day to take pictures of anything they want.

We are excited to see what and whom interest you at Garnett Place.

Watch for them on your new TV Channel!

If you want to be a photographer for the day let Diane or Summer know.

DRESS UP DAYS

Residents and Staff are invited to dress the theme on day a week during June.

Monday, June 6
UGLY SHIRT DAY

Wednesday, June 15
DRESS LIKE DAD DAY

Wednesday, June 22
COLOR CLASH DAY
(wear non-matching colors!)

Monday, June 27
HAT DAY
(wear any kind)

NEW GARNETT PLACE TV CHANNEL

Exciting news! Soon your TV will have a Garnett Place channel. We can put activity information, Pictures, movies and much more.

This is like the TV channel systems in hotels and restaurants.

Give us time to learn about it.

We'll let you know when we are “on the air”!