

GARNETT PLACE
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CEDAR RAPIDS, IA
52405

www.garnettplace.net

July is One Big Picnic!

- National Hot Dog Month
- National Ice Cream Month
- National Grilling Month
- Family Reunion Month
- Summer Vacation Month
- National Baked Beans Month
- National Bikini Month!

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Garnett Gazette

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Musings by Diane

Emily Dickinson's poem "I Dwell in Possibility" has been forefront in my thoughts lately as we welcome the new 14-passenger bus to our community.

Suddenly our world is so much wider, vibrant and more colorful. Opportunities we could not even imagine a few months ago are now within our reach. The July calendar will validate this for us.

Emily Dickinson lived

almost her whole life in the same house and rarely traveled beyond the town where she grew up.

For her "the possibilities" were her poetry. Her imagination took her to an imaginary world she shared with us.

For us our opportunities in life are endless. We can dream and accomplish what before seemed beyond our reach.

Dwell in Possibility.



Emily Dickinson's Home
Amherst, MA
Lived 1830-1886

Fourth of July Family Picnic from Chef J.P.

The 4th of July brings with it grilling outdoors. We will once again be having lots of visitors that day to help us celebrate this great holiday.

At lunchtime that day, friends and family alike will be able to enjoy the grilling mastery that I love to

share with all of you.

We will have tents outside for lunch with plenty of seating so that everyone can enjoy each other's company.

We hope to see all of you outside enjoying the atmosphere of the day.





July Birthday Fireworks

We have five residents with birthdays during the month of July.

- 7/1 Sheryl Johnson
- 7/5 Lois Iben
- 7/18 Sondoe Walker
- 7/20 Jim Primmer
- 7/27 Paul Hoffman

Wish each of them the happiest of birthdays.

Our July Birthday Party

will be Monday, July 18, @ 2 pm in the Lobby.

Harold Gray, our very own "John Denver" will be the entertainment of the day.

Feel free to invite relatives and friends to our birthday and other parties.

We love company here!

Garnett Garden Party

Get ready for THE EVENT of the summer at Garnett Place.

Wednesday evening, July 20, we are hosting a Garden Party in our very own luscious garden.

Decorations will blossom as we prepare with garden lights, decorations, music and fancy treats.

Time for the event will be 6:30—8pm. Everyone is welcome. If you want to invite family or friends let Diane or Summer know.

I'm already dreaming about all the fun we will have.

This is just what we need for the best of summer nights.



"I Went To A Garden Party"

By Ricky Nelson



We Going to See The Kernels!

"Betcha can't even catch a ball. You're just on the team 'cause you wanted the shirt!!!"

The boys of summer make their own noise—and we're going to help them!

Monday, July 11, we leave at 11 am for an afternoon at the Ball

Park.

We will take a picnic lunch and enjoy relaxing at the park.

Our new bus came just in time for us to schedule a day game to cheer on the Kernels.

Maybe Mr. Shucks will stop by for a photo op with us! If he's lucky!!!

Memorial Service On July 14 At 2:00 pm

In cooperation with Hospice Compassus, we are having a memorial service for residents who have passed away since January 1, 2010.

All family members and friends are invited to this meaningful service as we pay our respects to our loved ones and neighbors.

In honor of them, family members are asked to

bring a memento of their loved one. Anything is fine as long as it is meaningful to you.

We are hopeful many family members and friends can join us. Since January, 2010, we have had 15 of our neighbors pass away.

Let's all unite in remembering them with love and respect.



Our Cookbook Project is Cooking!

At the organizational meeting of the Cookbook Committee we had six members attend. Much was accomplished in a short period of time.

We have selected the software for the project and chosen the front and back covers. There is a lot of excitement about the project.

Meetings are now scheduled weekly on Wednesday afternoons. **ANYONE CAN BE ON THE COMMITTEE.** All you have to do is join us in the Lobby.

Several residents and family members have submitted some delicious recipes.

Recipes need to be submitted by August 31. We

will use September to organize the recipes. Our goal is to have the Cookbooks ready for holiday sales.

Any recipes and history of the recipe are welcome.

J.P. will be using many of the recipes for his monthly menus. Yum!!!

Be a part of the Cookbook Project. Join us!



Games Games Games

During July we are shaking up the games here at Garnett Place.

The first change is adding a daytime Bingo game on Thursday mornings. We still have the Tuesday evening game but now ALL Bingo games will be in the Lobby. Come join us and win some of the new prizes we will have.

Each month we will focus on learning some new games that we can do on our own time. Two or three people can gather in the Lobby and choose a game to play.

During July we will play Dominoes—from Beginners to Advanced. Check the calendar for times.

A good card game for Beginners is UNO. Check for day and time.

Yahtzee is going several times a week.

And those Monday Farkle gals can't get enough. Come join us!

We Sparkle when we Farkle! Check us out!



GARNETT PLACE TRANSPORTATION SERVICES

The following chart explains clearly when our Transportation Services are available. It also explains your responsibility to comply with reservation policies and your responsibility to assist in coordinating schedules for the most efficient use of your time as well as staff time. Thank you for your cooperation!

If you want transportation to:	You need to call 540-3630 no later than:	You need to leave a message with:	The shuttle will operate:	Notes:
A doctor appointment on a Monday	12:00 noon on the Friday before your Monday appointment	Your name, the time of your appointment, and the destination street address	Between 8:00 a.m. and 4:00 p.m.	Doctor appointments are only accommodated on Mondays & Thursdays
A community outing on a Tuesday	12:00 noon on the Monday before the Tuesday outing	Your name and the name of the outing	As announced in the Activity Calendar or the Daily Calendar	Outing may be cancelled if reservations are insufficient
A community outing on a Wednesday	12:00 noon the Tuesday before the Wednesday outing	Your name and the name of the outing	As announced in the Activity Calendar or the Daily Calendar	Outing may be cancelled if reservations are insufficient
A doctor appointment on a Thursday	12:00 noon the Wednesday before the Thursday outing	Your name, the time of your appointment, and the destination street address	Between 8:00 a.m. and 4:00 p.m.	Doctor appointments are only accommodated on Mondays & Thursdays
Hy-Vee on a Friday morning	12:00 noon the Thursday before the Friday Hy-Vee trip	Your name and the destination Hy-Vee street address	Between 8:00 a.m. and 12:00 noon	Hy-Vee trip may be cancelled if reservations are insufficient
A community outing on a Friday afternoon	12:00 noon the Thursday before the Friday afternoon outing	Your name and the name of the outing	Between 12:00 noon and 4:00 p.m.	Outing may be cancelled if reservations are insufficient
Dialysis or other "Standing" appointments on Mondays, Wednesdays or Fridays	Typically, these are arranged well in advance	No advance reservations are required		

Please note that Summer Stanley, the driver, is not here on Tuesdays. With more than 70 residents to shuttle it is vital that all residents follow the policies outlined above, or make their own arrangements with family or taxi services. Thank you. Revised October 1, 2010.

Lunch Menu for July 1 - 16

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1-Jul	2-Jul
					"Grilling Day"	Steak Diane, Casserole Italiano, Green Beans, Baked Potato, Black Forrest Cake
3-Jul	4-Jul	5-Jul	6-Jul	7-Jul	8-Jul	9-Jul
Roast Beef, Peas & Onions, Mashed Potatoes, Cornbread, Dutch Apple Pie	Happy 4th of July Grilling Outside! Burgers, Brats, Dogs and All the Fixins Come Join the Party!	Meatloaf, Shrimp, Baby Carrots, Fried Rice, Resident Dessert	Fried Chicken, German Meatballs, 7 Layer Salad, Roasted Red Potatoes, Carrot Cake	BBQ Pork Shank, Smoked Sausage, Red Cabbage, Potato Salad, Sue's Apple Cake	"Grilling Day"	Baked Ham, Chicken Fried Steak, Asparagus, German Potato Salad, Angel Food Cake
10-Jul	11-Jul	12-Jul	13-Jul	14-Jul	15-Jul	16-Jul
Pork Loin, Broccoli, Mashed Sweet Potatoes, Dinner Roll, Pecan Pie	Salmon Loaf, Swiss Steak, Tossed Salad, Creamed Peas & Potatoes, Ice Cream Cake	Smothered Pork Chop, Beer Battered Fish, Pickled Beets, Butter Beans, Sugar Free Banana Cream Pie	Corned Beef, Manicotti, Cabbage, Cheesy Potatoes, Red Velvet Cake	Roast Turkey, Veal Parmesan, Asparagus, Mashed Potatoes, Cheesecake	"Grilling Day"	Baked Cod, Swedish Meatballs, Stewed Tomatoes, O'brien Potatoes, German Chocolate Upside Down Cake

Sandwich of Choice offered as alternative: Please see table tents for options

***Menu's subject to change.

Supper Menu for July 1 - 16

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3-Jul Corn Chowder, Sandwich of Choice, Tapioca Pudding	4-Jul Egg Salad, Soup, Sandwich of Choice, Pineapple Upside Down Cake	5-Jul Chicken Ceasar Salad, Soup, Sandwich of Choice, Root Beer Floats	6-Jul Southwest Turkey Wrap, Soup, Sandwich of Choice, Chocolate Banana Dessert	7-Jul Sloppy Joes, Soup, Sandwich of Choice, Ambrosia	8-Jul Submarine Sandwich, Soup, Sandwich of Choice, Applesauce, Custard Pie	9-Jul Potato Bar, Soup, Sandwich of Choice, Homemade Ice Cream Sandwich
10-Jul Chicken Noodle Soup, Sandwich of Choice, Blueberry Dump Cake	11-Jul Patty Melt, Soup, Sandwich of Choice, Pumpkin Bars	12-Jul BBQ Pork Sandwich, Soup, Sandwich of Choice, Bread Pudding	13-Jul Soft Shell Tacos, Soup, Sandwich of Choice, Strawberry Cake	14-Jul Macaroni & Cheese, Soup, Sandwich of Choice, Strawberry Cream Pie	15-Jul Chef Salad, Soup, Sandwich of Choice, Custard	16-Jul Beef & Noodles, Soup, Sandwich of Choice, Brown Betty

**Sandwich of Choice offered as alternative: Please see table tents for options
Soups offered as alternative.**

***Menu's subject to change.

Lunch Menu for July 17 - 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17-Jul Rice Krispie Chicken, Dilled Carrots, Scalloped Potatoes, Combread, Strawberry Rhubarb Pie	18-Jul Baked Ham, Salisbury Steak, Joanne's Veggies, Corn Casserole, Resident Dessert	19-Jul Liver & Onions, Chicken Pot Pie, Mushrooms, Stuffing, Banana Split Dessert	20-Jul Roast Beef, Chicken Cordon Bleu, 7 Layer Salad, Mashed Potatoes, Resident Dessert	21-Jul BBQ Ribs, Meatballs with Marinara, Cole Slaw, Baked Potato, Sugar Free Coconut Cream Pie	22-Jul "Grilling Day"	23-Jul Polish Sausage, Chicken Fried Steak, Sauerkraut Salad, Potato Pancakes, Strawberry Shortcake
7-24 / 7-31 Baked Ham, Green Bean Casserole, Cheesy Potatoes, Dinner Roll Peach Pie Roast Turkey, Stewed Tomatoes, Mashed Potatoes, Combread, Pumpkin Pie	25-Jul Stuffed Peppers, Gumbo Pork Chop, Baby Carrots, Stuffing, Bread Pudding	26-Jul Hot Beef Sandwich, Pepper Steak, Tossed Salad, Mashed Potatoes, Jimmy Carter Dessert	27-Jul Corned Beef, Lasagna, Red Cabbage, Roasted Red Potatoes, Resident Dessert	28-Jul Pork Loin, Shrimp, Cauliflower Salad, Fried Rice, Banana Nut Cake	29-Jul "Grilling Day"	30-Jul Meatloaf, Oven Roasted Chicken, Harvard Beets, Scalloped Potatoes, Sugar Free Chocolate Cream Pie

Sandwich of Choice offered as alternative: Please see table tents for options

***Menu's subject to change.

Supper Menu for July 17 - 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17-Jul Clam Chowder, Sandwich of Choice, Brownie Sundaes	18-Jul Quiche, Soup, Sandwich of Choice, Baked Apples	19-Jul Pork Tenderloin Sandwich, Soup, Sandwich of Choice, Rice Krispie Treats	20-Jul Chili Dogs, Soup, Sandwich of Choice, Blueberry Dump Cake	21-Jul Taco Salad, Soup, Sandwich of Choice, Jell-o Cake	22-Jul Fish & Chips, Soup, Sandwich of Choice, Carrot Cake	23-Jul Spaghetti, Soup, Sandwich of Choice, Tiramisu
7-24 / 7-31 Oyster Soup, Sandwich of Choice, Sue's Cherry Slices <hr/> Potato Soup, Sandwich of Choice, Devil's Food Cake	25-Jul Club Sandwich, Soup, Sandwich of Choice, Banana Pudding	26-Jul Salad Plate, Soup, Sandwich of Choice, Fruit Pizza	27-Jul Cobb Salad, Soup, Sandwich of Choice, German Chocolate Upside Down Cake	28-Jul Gazpacho Soup, Sandwich of Choice, Cookies	29-Jul Philly Steak Sandwich, Soup, Sandwich of Choice, Chocolate Cheesecake	30-Jul Tuna Noodle Casserole, Soup, Sandwich of Choice, Cherry Crisp

**Sandwich of Choice offered as alternative: Please see table tents for options
Soups offered as alternative.**

***Menu's subject to change.

HOT DOGS

• July is National Hot Dog Month. Everyone knows what hot dogs are, but where did the name come from? One tale says a cartoonist couldn't spell "dachshund" and used "hot dogs" instead. The name was almost banned so people wouldn't think they were actually made from dogs! Another version credits college magazines in the 1890s with the term. By 1894, "dog wagons" sold hot dogs at Yale University dorms. Whatever its origin, the name stuck, and fans devoured a new food that was easy to eat, convenient, and inexpensive.

• Over the Fourth of July weekend, Americans eat more than 150 million hot dogs.

• Oscar Mayer® is the largest U.S. producer, making 38,000 hot dogs per hour. It takes fewer than 45 minutes to make one hot dog, from chopping the meat to vacuum-sealing the package.

• It is safe to eat hot dogs straight out of the package because they have been cooked at the factory.

• The first corn dog was created at the 1931 Texas State Fair when brothers Carl and Neil Fletcher put a hot dog on a stick, dipped it in corn batter, and deep fried it.

• Hot dogs made from tofu, a soybean product, are available for vegetarians or people with health issues.

• High school sports teams in Frankfort, IN are named the Hot Dogs, and the town holds a Hot Dog Festival the last weekend in July.

• Baseball player Babe Ruth once ate 12 hot dogs and drank 8 bottles of soda in between a double-header and got so sick he went to the hospital. Some newspapers erroneously reported that he had died.

TEST YOUR KNOWLEDGE OF REGIONAL PREFERENCES OF HOT DOGS, BUNS, AND/OR CONDIMENTS:

1. Hot off the roller grill and topped with green chile sauce, shredded cheese, and jalapeños
2. Poppy seed bun and covered with mustard, dark green relish, chopped raw onion, tomato slices, and celery salt
3. Sesame seed roll with sauerkraut and melted swiss cheese
4. Classic dog smothered in mustard and relish
5. Served with chili, kidney beans, chopped onions, shredded American cheese, and red pepper
6. Topped with coleslaw and Vidalia onion relish
7. Served with steamed onions and pale yellow mustard sauce
8. Foot long, steamed bun, and fans claim it's the best dog in baseball

a) Cincinnati Dog

b) New York City Dog

c) Kansas City Dog

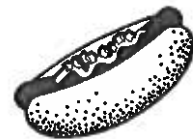
d) Dodger Dog

e) Fenway Frank

f) Chicago Dog

g) Denver Dog

h) Georgia Dog (In the geographical region, a popular description is "dragged through the garden.")



Answers on page 54



SUMMERTIME HUMOR

PATRIOTIC



- ⊗ Where was the Declaration of Independence signed? **AT THE BOTTOM**
- ⊗ Who has no hair and thinks he's the national dog of the United States? **BALD BEAGLE**
- ⊗ What did the kids say when the Statue of Liberty sneezed? **GOD BLESS AMERICA!**
- ⊗ What do you call Little Red Riding Hood, Snow White, and Little Boy Blue for short? **RED, WHITE, AND BLUE**



BASEBALL

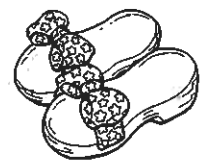
- ⊗ What do you get when Dracula eats 30 hot dogs at a baseball game? **A FULL COUNT**
- ⊗ Where are the largest diamonds in New York City kept? **IN THE BASEBALL FIELDS**
- ⊗ Why did the Triple A baseball player take an aspirin? **HE HAD A MINOR HEADACHE.**
- ⊗ An umpire was famous for wandering all over the baseball diamond. In one game, he got hit on the head by a foul ball and fell down. The catcher said, "We've just witnessed the fall of the roamin' umpire."

FOODS



- ⊗ How do you describe soda? **SO-DA-LICIOUS!**
- ⊗ Where does a soda jerk learn his trade? **IN SUNDAE SCHOOL**
- ⊗ Where's the best place to get a small can of pop? **MINNESOTA**
- ⊗ What do you call a singing hot dog in New York, New York? **FRANK SINATRA**
- ⊗ A cabbage, faucet, egg, and tomato had a race. How did the race turn out? **THE CABBAGE CAME IN AHEAD, THE EGG GOT BEAT, THE FAUCET IS STILL RUNNING, AND THE TOMATO IS TRYING TO KETCHUP.**
- ⊗ Diner: Waiter! Will my hamburger be long?
Waiter: No, sir, it will be round and flat.

VACATIONS



- ⊗ Where do cats like to go on vacation? **CANARY ISLANDS**
- ⊗ What did the buffalo say to his son when he left on vacation? **BISON**
- ⊗ What is brown, hairy, and wears sunglasses? **COCONUT ON VACATION**
- ⊗ Why did hundreds of people flock to the base of the oak tree? **IT HAD A SCENIC ROOT.**
- ⊗ Daffynition: America's Highway System: One drives on a parkway but parks on a driveway.
- ⊗ Daffynition: Map: Something that tells you everything you need to know except how to fold it up again.
- ⊗ Two Boy Scouts from the city were on a camping trip. The mosquitoes were so fierce the boys had to hide under their blankets to keep from being bitten. Then one of them saw some lightning bugs, and he said to his friend, "We might as well give up. They're coming at us with flashlights!"