

ink duds and get
t Garnett Place!
our First Annual
nce on Saturday,
m. We will have
listening music,
d beverage. We
friends and rela-
We will have con-
egories. Keep
in the elevator.
swinging good



Ladies Tea - January 26th

on Tea at Garnett Place. Attending our Tea
Women from Cedar Rapids discussing pro-
er you would like to talk about. Ladies,
invitation in the mail soon! If you have any
vy Miller at 362-3630.

Charades! A Hit

A new activity on the calendar called Charades has been a hit with the residents. Charades is an opportunity to have fun, act silly and laugh a lot. The object of the game is to guess what the opponent is acting out via motions with their hands, feet and face. A MUST TRY if you have not. Join us on Mondays and Wednesdays at 3:00 in the Lobby.

Let's wal
with our
kicking o
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a.m. Joi
begin ou
Garnett
know whe
summerti
side. Se

Speaker Panel is Back

For the second time, Garnett Place will host
ers panel. This panel is made up of profes
Nursing or Care Facilities, Health Transition
Care, Social Workers, Medical Equipment
Care and Continuing Care Hospitals. It is yo
what variety of services are offered to senio
derful information last year and you asked f
visible to bring your family members to hear
and take notes!! The Speakers panel will be
ruary 16, 2012 from 6:30—7:30 PM in the L

Open House to Speak at Garnett Place

Open serving communities for years. We will be at Garnett Place Thursday, 2:00 PM in the Lobby.

My Love

Community that has about a for resi- resident are place from other ns, look at talk about is a sensi- es our



Channel 43 is ON

Channel 43 up and running on your TV. Please check it daily for the current menus & activities and any other news or announcements we may have. Suggestions are welcome if you would like to see something added. Lets work together to make this a great channel for your viewing pleasure.



Hoover Family Album

Join us on February 28th as Kathy from the Herbert Hoover Museum in West Branch will present the Hoover Family Album before Herbert Hoover was President. There will be stories and photos never shown and not displayed in the Herbert Hoover Museum. Join us in the Lobby on Tuesday, February 28th at 2:00 PM.



Coordinators vs. Residents CHARADES!!

GAME ON! You can't miss this. All the Coordinating Charades against the residents. What a fun! Get ready for some competition and LOTS of laughs in the lobby on February 15th at 2:00 PM.

Thrift Store Open February 24th

Come to the Lobby on February 24th and Thrift Store open the month of February.

ere does time go?? Many things are happening at
as been an exciting 6 months since I have joined
e that you are enjoying all of the “little” changes
re still a few changes in the works and I hope that
nd feel proud to call Garnett Place your home. It
re and beyond and provide the “Red Carpet” ser-
ESIDENTS!!! There are new changes coming in
the dietary with a new menu style – more choices
will be easier for you to make the choices at meal
ies has been adding new activities and we see
ich is wonderful. Watch your calendars as there
iting things happening during the month of Febru-
veral new residents move in and we welcome you
se remember the move – in incentive for those of
d or neighbor to Garnett Place and they move in.

Until next month.....Lyla

from the Assistant Manager

ne help with your rent? There is a program
owa Department of Revenue that could help
The program is for Iowa Resident who have a
ome of less than \$20,906 and are 65 or older,
abled and age 18 to 64. To apply, and Iowa
nt Claim for must be completed and filed with
nt of Revenue. The instructions and form
www.iowa.gov/tax/forms/propexcredit.html. If
e information about this program please con-

ics that we have at Garnett
Place every Wednesday and
Thursday. We strive to keep re-
cords of blood pressures so if
your physician request informa-
tion for a baseline measurement
we will have it. We also try to re-
cord your weight at least once
per month to evaluate the effects
of certain medications are hav-
ing on the body, example fu-
rosemide. The clinic takes very
little of your time, but is so very
helpful to your Dr. Please make
every effort to participate. Thank
you!
—Lee Thoma, RN

loving your
I am going
red food on
potatoes, re
in on the f
something
other why
work at GP
day is this
I'll skip gro
JP

A Note from Marketing

This month in Marketing is Sweet Heart
Healthy Month. Marketing will continue to visit n
ferral sources charming them with our comm
Sweet Heart Goodies. We will also celebrate V
checking our Hearts with American Heart A
Screening and know your blood type Screening
Cross. As always let your friends and family kno
ments available. - Ivy Miller

A Note from Maintenance.....As always
to let me know about your repair needs. Winter s
careful outside. I'm getting apartments ready for