

Garnett Place
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Garnett Gazette

Volume 2, Issue 8

August, 2011

Special points of interest:

- Briefly highlight your point of interest here.
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New Bus a Welcome Member of our Community

*The wheels on the bus
go round and round,
round and round,
round and round.
The wheels on the bus
go round and round
all through the town.*

Children's Song

How true for Garnett residents and our brand new 14-passenger bus. Fridays used to be quiet around here. No more! Most Fridays we have three busloads full of happy people enjoying fun scenic drive. That's a total of 42 people!

So far we have seen the new construction in downtown Cedar Rap-

ids, Pleasant Creek Park in Palo, Palisades-Kepler Park and the Cedar River from the viewpoint of the roller dam.

Every Tuesday and Thursday we travel to Lindale Mall at 8 am for walkers to exercise.

HyVee trips on Fridays allow us to buy all the groceries we want!

We now make two trips to local casinos on second and fourth Tuesdays.

On August 24 we are going to the Amanas for lunch at the Ronneburg Restaurant.

A Destination trip for August is to Kalona. We will have the opportunity to visit some of the interesting shops in Kalona and maybe stop for ice cream.

Scenic Drives allow us to stay on the bus for the entire trip.

Destination Trips give us the opportunity to get off at select locations.

Our goal is for every resident to join us and enjoy the rides—wherever we go!

Can't wait 'til Halloween and Christmas!

Cookbook Project

We're on track for our cookbook to be released in time for holiday shopping.

The response from our residents has been overwhelming. Each weekly meeting has at least 20 people in attendance.

We invite recipes from eve-

ryone: residents, family members, friends and staff. Our plan is for this to truly be a community cookbook.

When submitting recipes be sure to include the name of the person submitting the recipe and relationship to Garnett

Place, if possible.

All recipes due by 8/31.





J.P.'s Morsels

Just a reminder of something we have in the Culinary Department that makes your lives simpler.

I've created a menu that can be used at any meal time. It is our "Always Avail-

able" Menu. It is for residents and also for anyone who chooses to eat at Garnett Place.

If you don't think you would like to eat what is on the daily menu for any given meal, ask to

see the "Always Available" Menu.

Feel free to order anything and we will be happy to make it for you.

Bon Appétit!

Worship Schedule

St. Matthew's

Sundays @ 9:15

***1st & 3rd
Wednesdays
@ 1 pm***

New Covenant Church

***Every Sunday at
3:15 pm***

New Covenant Church Now Coming Every Sunday

Jeff Nelson and Dave Estrem and their wives are now coming to worship with us every Sunday afternoon.

We are so grateful to their commitment to Garnett Place and our spiritual lives.

St. Matthew's continues to come every Sunday

and twice a month on Wednesdays for Holy Communion. We appreciate Becky Shaefer and the staff and volunteers from St. Matthew's Parish.

Garnett Place is fortunate to have such strong leaders involved in our lives.

Be sure to let them know we appreciate them.



August Birthdays

During August we celebrate three birthdays of our special residents.

8/15 Agnes Triggs

8/22 Rosaline Polashek

8/27 Irene Weyer

Join us in wishing them the hap-hap-happiest of birthdays from friends of Garnett Place.

Craft This Month

In the spirit of upcoming visits to the Amanas and Kalona, we are making pew dolls.

Mothers used to make a quick doll out of a handkerchief to help little girls stay quiet in church. They were usually simple but effective.

Join us on 8/3 @ 2 pm.



Celebrating Fair Week August 15-19

Each day during the week we will focus on a different activity related to the Iowa State Fair.

Monday—Homemade ice cream and learning about how ice cream and cones are made today.

Tuesday—Crowning our own King and Queen of our Fair plus

videos and pictures about

fairs of today and in the past. Staff pie-baking contest! Guess who gets to eat the pies?

Wednesday—Carnival Games, Side Show & Sno Cones. "Milking contest" and "cow patty toss" plus a fishing pond.

Thursday— We will make our own bread-and-butter pickles like we did last

summer. Can you say "Delicious?"

Friday—Quilt Show in the Lobby. All residents, family and friends are welcome to display a favorite quilt for the day.

We are excited to hear of your fair experiences. Iowans have a great history in county and state fairs.



Let's Go to the Movies

August can be a good month for movies. The heat of the day can lead us to relax in the evenings and "chill out" with a good movie.

8/1 Mr. Holland's Opus This is one of Diane's favorites. A frustrated composer finds fulfillment as a high school music teacher. We follow the life of his family and career. Very inspirational movie.

8/1 Annie adapted from Little Orphan Annie) A young orphan girl is determined to find a family that will take care of her.

8/5 Singin' In the Rain Gene Kelly, Donald O'Connor and Debbie Reynolds in a

classical musical.

8/12 Roman Holiday A bored and sheltered princess escapes her guardian and falls in love with an American newsman in Rome. Gregory Peck and Audrey Hepburn.

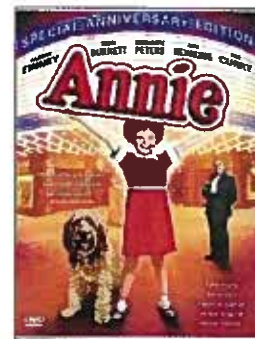
8/19 Meet Me in St. Louis—In the year before the 1904 St. Louis World's Fair, the four Smith daughters prepare to meet young men at the World's Fair.

8/24 Hotel for Dogs Two kids secretly take in stray dogs at a vacant hotel.

8/26 Pinocchio

A living puppet, with the help of a cricket as his conscience, must prove himself worthy to become a real person.

Don't want to come to the Lobby for the movie? It will be on Channel 43 on your TV. Sit back and watch the movie in the luxury of your own



Vroom! Vroom! Vroom! A "Hog Party" on August 10

On the evening of August 10 the 202 parking lot will be host to a group of Harley Davidson cycles! You can watch outside or from the atrium areas on the 202 side. (It will be noisy!) That day we will dress in black or white shirts, leather jewelry and bandanas! Go Hogs!



Lunch Menu for August 1 - 20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1-Aug Meatballs with Marinara, Chicken Pot Pie, Green Beans, Baked Beans, Pineapple Upside Down Cake	2-Aug Beef Stroganoff, Smothered Pork Chop, Joanne's Veggies, Potato Pancakes, Blueberry Brown Betty	3-Aug Chicken Fried Steak, Baked Cod, 7 Layer Salad, Baked Potato, Boston Cream Pie	4-Aug Lasagna, Chicken Cordon Bleu, 3 Bean Salad, French Fries, Bread Pudding	5-Aug "Grillin Day"	6-Aug Baked Ham, Beer Battered Fish, Spinach, Roasted Red Potatoes, Banana Nut Cake
7-Aug Roast Turkey, Asparagus, Mashed Potatoes, Breadsticks, Strawberry Rhubarb Pie	8-Aug BBQ Pork Shank, German Meatballs, Dilled Carrots, German Potato Salad, Butterscotch Pudding	9-Aug Hot Beef Sandwich, Meatloaf, Pickled Beets, Mashed Potatoes, Sugar Free Banana Cream Pie	10-Aug Smothered Chicken, Polish Sausage, Red Cabbage, Corn Casserole, Sue's Apple Cake	11-Aug Baked Fish Filet, Steak Diane, Broccoli with Cheese Sauce, Fried Rice, Sugar Free Coconut Cream Pie	12-Aug "Grillin Day"	13-Aug Pork Loin, Veal Parmesan, Peas & Onions, O'Brien Potatoes, Black Forrest Cake
14-Aug Rice Krispie Chicken, Stewed Tomatoes, Baked Beans, Cornbread, Lemon Meringue Pie	15-Aug Bratwurst, Chicken Fried Steak, Sauerkraut, Baked Potato, Resident Dessert	16-Aug Roast Beef, Chicken Cordon Bleu, Cozumel Blend Veggies, Mashed Potatoes, Jell-o Cake	17-Aug Liver & Onions, Gumbo Pork Chop, Mushrooms, Au Gratin Potatoes, Strawberry Shortcake	18-Aug Corned Beef, Manicotti, Cabbage, Sweet Potatoes, Banana Split Dessert	19-Aug "Grillin Day"	20-Aug Roast Turkey, Salisbury Steak, Broccoli with Cheese Sauce, Mashed Potatoes, Cheesecake

Sandwich of Choice offered as alternative: Please see table tents for options

***Menu's subject to change.

Supper Menu for August 1 - 20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1-Aug Patty Melt, Soup, Sandwich of Choice, Brownies	2-Aug Egg Salad, Soup, Sandwich of Choice, Homemade Ice Cream Sandwich	3-Aug Goulash, Garlic Bread, Soup, Sandwich of Choice, Rice Krispie Treats	4-Aug Chicken Ceasar Salad, Soup, Sandwich of Choice, Gingerbread	5-Aug BLT, Soup, Sandwich of Choice, Strawberry Pie	6-Aug Amish Casserole, Soup, Sandwich of Choice, Root Beer Floats
7-Aug Split Pea Soup, Sandwich of Choice, Coffee Cake	8-Aug French Dip, Soup, Sandwich of Choice, Custard	9-Aug Sloppy Joes, Soup, Sandwich of Choice, Strawberry Cake	10-Aug Chef Salad, Soup, Sandwich of Choice, Cherry Cobbler	11-Aug Quiche, Soup, Sandwich of Choice, Fruit Jell- o	12-Aug Soft Shell Tacos, Soup, Sandwich of Choice, Pumpkin Bars	13-Aug Potato Bar, Soup, Sandwich of Choice, Tapioca Pudding
14-Aug Fire Roasted Vegetable Soup, Sandwich of Choice, Carrot Cake	15-Aug Corn Dogs, Soup, Sandwich of Choice, Cookies	16-Aug Pork Tenderloin Sandwich, Soup, Sandwich of Choice, Custard Pie	17-Aug Sliders, Soup, Sandwich of Choice, Rice Pudding	18-Aug Pulled Pork Sandwich, Soup, Sandwich of Choice, Funnel Cakes	19-Aug Nachos, Soup, Sandwich of Choice, Apple Crisp	20-Aug Beef & Noodles, Soup, Sandwich of Choice, Brownie Sundaes

**Sandwich of Choice offered as alternative: Please see table tents for options
Soups offered as alternative.**

***Menu's subject to change.

Lunch Menu for August 21 - 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21-Aug Baked Ham, Green Bean Casserole, Oven Roasted Potatoes, Breadsticks, Pecan Pie	22-Aug Pork Loin, Stuffed Peppers, Dilled Carrots, Cheesy Potatoes, Resident Dessert	23-Aug Lasagna, Salmon Loaf, Tossed Salad, Creamed Peas & Potatoes, Ice Cream Cake	24-Aug Hamloaf, Shrimp, Mushrooms, Fried Rice, Peach Pie	25-Aug BBQ Ribs, Swedish Meatballs, Cauliflower Salad, Baked Potato, Jimmy Carter Dessert	26-Aug "Grillin Day"	27-Aug Pepper Steak, Meatloaf, Peas, Stuffing, Resident Dessert
28-Aug Roast Beef, Baby Carrots, Mashed Potatoes, Dinner Rolls, Dutch Apple Pie	29-Aug Baked Ham, Gumbo Pork Chop, Asparagus, Cheesy Potatoes, Red Velvet Cake	30-Aug Roasted Chicken, Swiss Steak, 7 Layer Salad, Au Gratin Potatoes, Sugar Free Raisin Cream Pie	31-Aug Veal Parmesan, Roast Turkey, Mixed Veggies, Mashed Potatoes, Angel Food Cake			

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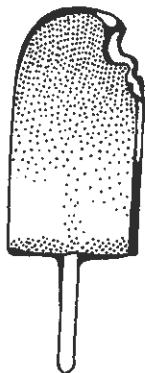
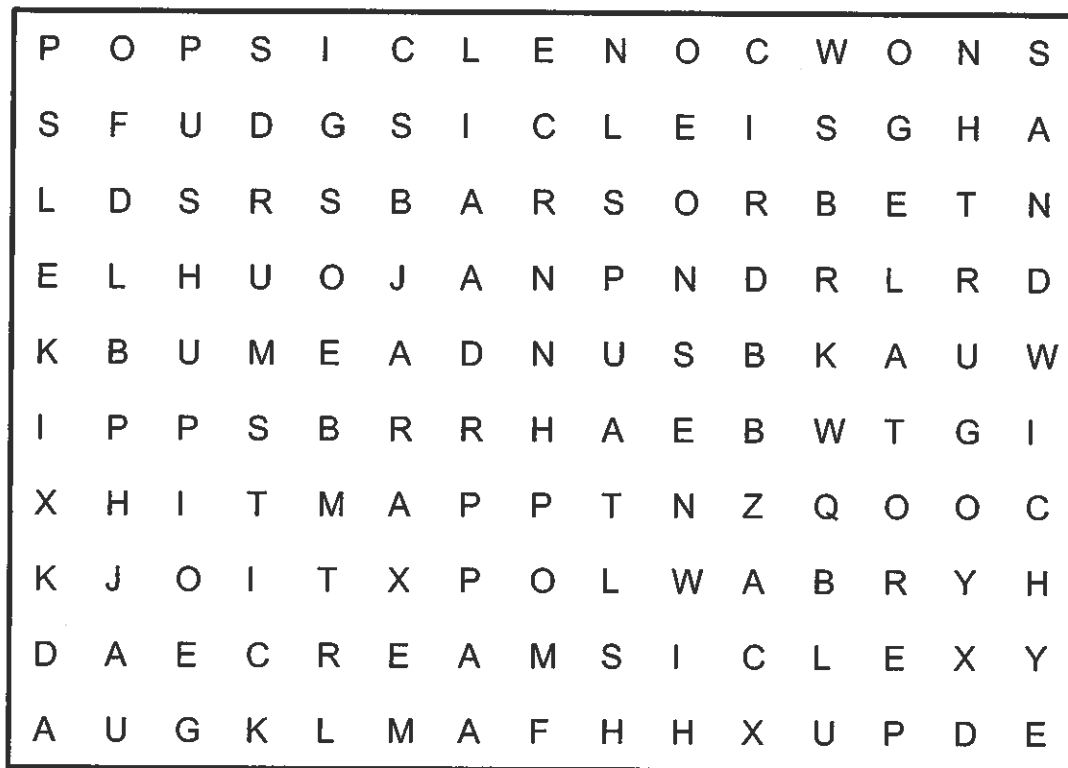
Supper Menu for August 21 - 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21-Aug Oyster Soup, Sandwich of Choice, Devil's Food Cake	22-Aug Salad Plate, Soup, Sandwich of Choice, Blueberry Dump Cake	23-Aug Club Sandwich, Soup, Sandwich of Choice, Chocolate Banana Dessert	24-Aug Taco Salad, Soup, Sandwich of Choice, Sue's Cherry Slices	25-Aug Chipped Beef on Toast, Soup, Sandwich of Choice, Tiramisu	26-Aug America's Best Buffet Casserole, Soup, Sandwich of Choice, Root Beer Floats	27-Aug Spaghetti, Garlic Bread, Soup, Sandwich of Choice, Banana Pudding
28-Aug Cream of Carrot Soup, Sandwich of Choice, Jell-o Cake	29-Aug Cobb Salad, Soup, Sandwich of Choice, Baked Apples	30-Aug Chicken Salad Wrap, Soup, Sandwich of Choice, Peanut Butter Pie	31-Aug Fish & Chips, Soup, Sandwich of Choice, Coffee Cake			

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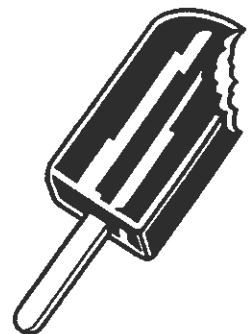
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FROZEN SUMMERTIME TREATS WORD SEARCH



WORD LIST

- FROZEN BANANA
- ICE CREAM BARS
- CREAMSICLE
- DRUMSTICK
- FUDGSICLE
- FROZEN GELATO
- POPSICLE
- PUSHUP
- ICE CREAM SANDWICH
- SHERBET
- SNOW CONE
- SORBET
- SUNDAE
- FROZEN YOGURT



Answers on page 46